

23/5/2024

Exam. Code: 1182

(2056)

Sub. Code: 45684

P.G. Diploma in Guidance and Counselling
Second Semester

PGDGC-04: Counselling Children and Adolescents with Different Abilities

Time allowed: 3 Hours

Max. Marks: 75

NOTE: Attempt five questions in all, including Question No. IX (Unit – V) which is compulsory and selecting one question each from Unit I - IV.

x-x-x

UNIT - I

I. Discuss the needs of children with different abilities. Also mention various problems faced by them. (15)

II. Discuss the techniques of counselling the students with different abilities. (15)

UNIT - II

III. Explain the academic problems faced by children with different abilities. (15)

IV. How will you identify emotional and social problems faced by adolescents with different abilities? (15)

UNIT - III

V. Enlist the counselling strategies for behavioural problems faced by children. (15)

VI. Discuss the importance of individual and group counselling for adolescents facing academic and vocational problems. (15)

UNIT - IV

VII. What do you understand by the term 'Stress'? Discuss various relaxation strategies for reducing stress among adolescents. (15)

VIII. Discuss the role of Parental counselling and Peer group counselling in managing the behavioural problems among adolescents. (15)

UNIT - V

IX. Write short notes on:-

a) Concept of different abilities

b) Classification of different abilities

c) Importance of yoga and meditation as therapies

d) Importance of Case Study method

e) Concept of Crisis Counselling

(15)

x-x-x